

New Hartford Public Schools
Wellness Committee 2019-2020

Members: Penny Miller, Mary Stempien, Kelly O'Dell Longhi, Barbara McLean, Kelly Carroll, Becky Tyrell, Amanda Shaw, Brian Murphy, Christine Holland, Marie Kitch, Jenn Harris, Deb Marciano, Hillary Schibi, Kate Radano, Marie Bate, Tricia Brett, and Veronica Marquis

January 7, 2020

Start time: 3:32pm

Meeting Minutes

- **Welcome:**

- Introductions were made and welcome to new committee member Mary Stempien

- **Health District Policy Update**

Marie Kitch (Lead Nurse) reviewed strategies for staying healthy

- Document will be placed in Friday Folders
- Encourage sanitizer entering cafeteria/after recess

- **K-2 Health Curriculum overview**

Veronica Marquis (K-2 PE/Health Teacher) reviewed the following units of study:

- Hygiene
- Feelings/Emotions
- Friendship/relationship
- Nutrition (food groups)
- Exercise
- Collaboration with Karen Pfeffer (Library Media Specialist)
- Second Step Curriculum (Sexual Abuse and Awareness)
- Safety
- Discussion around the state mandate of sexual abuse and awareness education
- The Health Curriculum is available for review on the district website

- **Roundtable**

- Lions Club Vision Screening will be conducted in all schools during the week of January 27th
- Amanda will look into putting hand sanitizer options at ANT/ k-2 schools have a system in place
- Tricia discussed that dry air causes illness during the winter months- cracking the window may add some moisture to the air in buildings

- **Next meeting April 21st/Meeting ended at 3:47**

Respectfully Submitted,
Barbara McLean
Director of Student Services