

**BOE
HEALTH & WELLNESS COMMITTEE**

Date: 5/1/2019

Location: Antolini

Facilitator: Penny

Time: Kelly Carroll

Minutes: Barb

Committee Members: Penny Miller, Stacie Cull, Kelly O'Dell Longhi, Barbara McLean, Kelly Carroll, Becky Tyrrell, Amanda Shaw, Brian Murphy, Christine Holland, Marie Kitch, Jen Harris, Deb Marciano, Hillary Coan Schibi, Leah Drouin, Kate Radano, Marie Bate, Tricia Brett, Tina Murelli

Agenda Items:

1. Wellness Policy Annual Review
 - Nutrition education in place-
 - Access to breakfast program (EdAdvance)
 - Ability to access nutrition info
 - PE aligned to standards
 - Promotion of healthy food choices
 - Support of physical fitness
 - Community stakeholder involvement

2. Round Table

Summary Minutes

1. Nutrition education plan is in place: embedded in health curriculum
2. Access to breakfast program
3. Our meals meet nutrition standards; caloric count is being explored
4. PE is aligned to standards
5. Health food choices are promoted in cafeteria, classroom and through health lessons
6. Wellness policy promotes physical fitness; Unified Sports program; Young Athletes, Kid's Marathon, after school enrichment offered through Deb Marciano; field days
7. Considerations for next year: calorie count on menu would be beneficial;

Round Table: tick treatment at Bakerville this year; PTO will hatch praying mantis this year with students again

