

Date: 5/15/18

Facilitator: Penny

Time: Kelly Carroll

Minutes: Kelly

Committee Members: Penny Miller, Stacie Cull, Kelly O'Dell Longhi, Barbara McLean, Kelly Carroll, Becky Tyrrell, Amanda Shaw, Brian Murphy, Christine Holland, Marie Kitch, Jen Harris, Deb Marciano, and Hilary Schibi Coan

Celebrations:

Agenda Items:

1. Local School Wellness Policy Annual Review
  - a. No 6th grade health
  - b. Nutrition education in place
  - c. Access to breakfast program (EdAdvance)
  - d. Can nutrition information be on school lunch menu? Has to be ADA compliant; nutrition information is listed at beginning of year; possibility for fall menus
  - e. P.E curriculum is aligned to state and national state standards
  - f. Physical activity is never used as punishment
  - g. To promote healthy food choices: district follows national school guidelines; district is healthy food certified; bulletin boards on healthy foods; wellness guidelines reviewed at staff meetings; room parents have wellness information
  - h. To support physical fitness: Unified sports, after school enrichments in physical activities
  - i. Community membership on wellness committee includes many stakeholders (parents, EdAdvance, BOE members, nurses, school staff)
- \*Our wellness annual review concludes that our district wellness policy is up to date
2. Breakfast Program Update
  - a. March, April and May averaged 24 students/day for breakfast. Muffin, cinnamon bun, breakfast bar etc with lowfat milk. Students prefer cinnamon bun and up to 40 students will buy breakfast on cinnamon bun days. Consistent profit; money goes to food service
3. Round Table

Follow Up:

- Barb and EdAdvance will explore possibility to include nutrition information on lunch menus next year.
- Remind parents of sugary treat policy for classroom parties (Holiday party and end of year party only)
- Ensure that room parents receive wellness policy for class parties
- Possibility of second graders having option to purchase breakfast half way through next year or Fridays only at that time.

