

New Hartford Public Schools
Wellness Committee
Minutes

Antolini School / Conference Room
Tuesday, October 15, 2019 at 3:30 P.M.

Start Time: 3:30

Agenda:

- Health District Policies - no issues
- Deb Marciano: Completed Health curriculum scope and sequence. Changed Bullying to Bullying/Mean Behavior. Gr. 5 Stress Management Unit - student generated list was surprisingly extensive. There was no topic that stood out, but Deb is monitoring and will refer students to Jen Harris if need be. More social stressors involving friends and perceptions were increased (i.e Do my friends like me?) District is focusing on screeners such as Shape System and other free state programs; Ruler roll out. 6th grade has DARE program.
- Invite Veronica to a meeting to give overview of K-2 Health curriculum
- Young Athletes will meet monthly K-2; team building activities; there will be a culminating regional event, date TBD
- Goals for the year:
 - Continue to develop mental health strategies and research screeners
 - Social-emotional curriculum/Ruler initiatives
- New BOE committee members will join next meeting, 12/7/20
- Spring meeting 4/21/20
- Kelly C. will invite a BAK parent to join Wellness Committee

Roundtable: No additional comments

End time: 3:48