

## **New Hartford District Wellness Committee**

**October 12, 2016**

**3:30-4:30**

**Antolini School – Conference Room**

### **MEETING MINUTES**

#### **Members Present:**

Penny Miller, Brian Murphy, Marie Kitch, Stacie Cull, Krista Noyce, Roxanne Pangallo, Deb Marciano, Patricia Brett, Paula Gladu-Morabito

#### **Members Absent:**

Amanda Shaw, Jen Harris, Cindy Duval

#### **Minutes:**

- **Calendar for Upcoming Meetings**
  - Members agreed to the following scheduling:
    - January 18, 2017 at 3:30
    - February 15, 2017 at 3:30
    - March 22, 2017 at 3:30
    - May 17, 2017 at 3:30
- **Goals for the Year**
  - Members agreed to the following goals for the 2016-2017 school year
    - Prepare for the upcoming state administrative review of the district lunch program
    - Implement and monitor new health program purchased last year
    - Review the expansion of the 2<sup>nd</sup> Step and Mindfulness Curriculums being implemented this year
- **Wellness/Mental Health Activities**
  - Each building has purchased and will install a 2' x 3' bulletin board dedicated to "themes" related to wellness/mental health
  - Paula will establish a Google Calendar by month with theme ideas; committee members can sign up and provide posters/information to the building principal
  - Materials should be provided to the principals by the 1<sup>st</sup> of the month for approval
  - Staci shared a website that members can find ideas:  
<https://www.ctclearinghouse.org/Calendar/default.asp>
  - Paula also shared a website: <https://healthfinder.gov/nho/nhoyear.aspx?year=2016>

- **Upcoming School Audit**

- Paula and Krista shared information regarding the upcoming state administrative review of our school lunch program. The review will be held in mid-April and a considerable amount of information will need to be prepared prior to this date. Staff from New Hartford as well as EdAdvance will work collaboratively on this administrative review

