### **New Hartford District Wellness Committee**

May 18, 2016

3:30-4:30

## Antolini School - Conference Room

### **MEETING MINUTES**

### **Members Present:**

Penny Miller, Brian Murphy, Stacie Cull, Krista Noyce, Roxanne Pangallo, Deb Marciano, Patricia Brett, Jen Harris, Amanda Shaw, Paula Gladu-Morabito

### **Members Absent:**

Marie Kitch, Cindy Duval, Holli LaBarbera

#### **Minutes:**

# • Wellness/Mental Health monthly activities for 2016-2017

The DWC suggested that a bulletin board be established in the buildings to display materials surrounding a health/wellness topic (i.e. Dental Health month, Random Acts of Kindness month, etc). DWC members will pick a topic and find materials to be displayed. Materials will be reviewed by the principal prior to posting to ensure appropriateness and that it does not conflict with another initiative in the building.

# Finalize purchase of new health curriculum

o The DWC agreed that an updated health curriculum would be purchased for 3<sup>rd</sup> and 4<sup>th</sup> grade to be implemented in the 2016-2017 school year. Curriculum Director Erika Sacharko has reserved funds in the REAP grant to purchase these items.

#### District website

- The DWC agreed to place links to local community health and wellness organizations on the New Hartford school district website under "Health Services". The following links will be provided:
  - Winchester Youth Services Bureau
  - o Torrington Youth Services Bureau
  - Center for Youth and Families
  - o Parents and Teachers as Allies

- Calendar of meetings for 2016-2017
  - The first meeting of the DWC will be on October 12, 2016 at 3:30 in the conference room at Antolini School
  - The remaining dates will be established at that point.
- Adjourn

