



**ALZHEIMER'S  
ASSOCIATION**

Connecticut Chapter

**March  
2023  
Edition**

# ALZin NEWSLETTER

Welcome to the first edition of our Volunteer Newsletter. Volunteers are the heart of the Alzheimer's Association, and our work is only possible with the help and support of volunteers.

Inside this newsletter, you will learn about ways volunteers are engaging in the community and what activations you can do today to help us further our mission.

If you have something to share, please reach out to Jess Tessman.

Contact: Jess Tessman  
Development Coordinator  
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## ARE YOU ALZin?

**JOIN US FOR ONE OF OUR FIVE  
VOLUNTEER ORIENTATIONS**

**JOIN US!**



**CLICK HERE**

**TO REGISTER &  
VIEW THE  
UPCOMING DATES!**

**We ask that all volunteers  
attend at least ONE  
volunteer orientation!**

**REGISTER TODAY!**  
[alz.org/ct/events](https://alz.org/ct/events)



## Volunteer Opportunities are Available Statewide!

Bring your talents to us and we'll explore how you can best utilize those as a volunteer with the Alzheimer's Association.

# What's happening at the Connecticut Chapter?



## LEADERSHIP CONFERENCE

The Alzheimer's Association Community Leaders Summit was an in-person event that took place January 26-28, 2023 in San Diego.

The Summit convenes community leaders to experience and be inspired by our shared vision of a world without Alzheimer's and all other dementia.

**Thank you to our Board Members and volunteers who were able to share this experience with us!**

**A special thank you to: Ginge Cabrera, Maisie Russell, Ann Lombardi, JP Venoit, Bobbi Tar, Jonah Francis, Trish Bowen, Maria Canales, Edward Dooling, and Kim Magalhaes for attending!**

**NOW INTRODUCING...**



# ALZ STARS

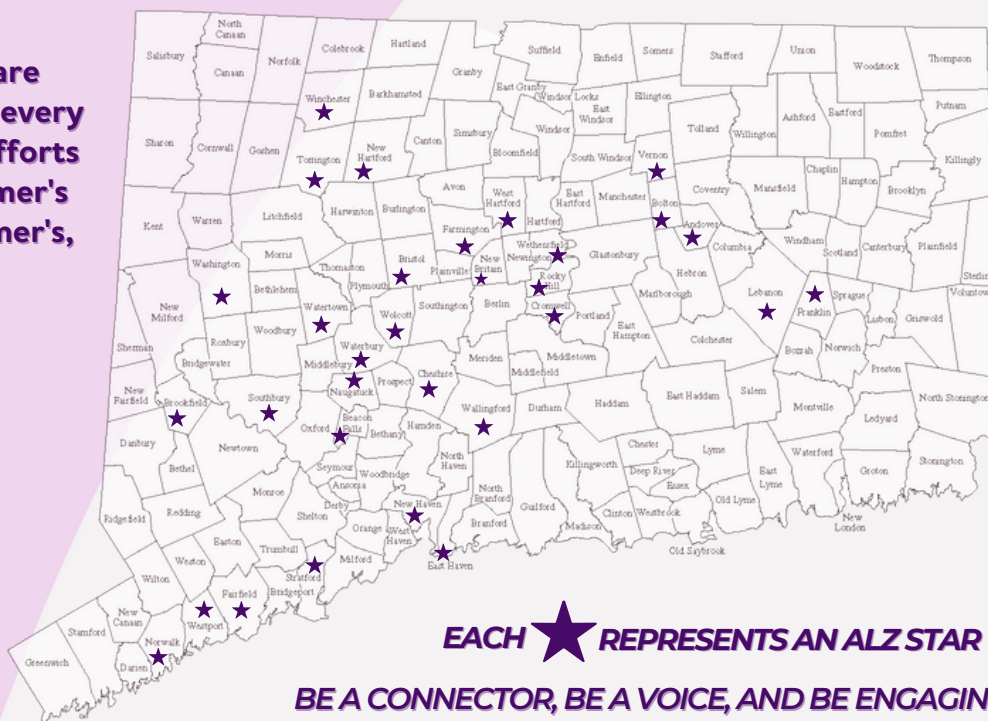
**With 169 towns in Connecticut, we are looking for at least one volunteer in every town who is involved in grassroots efforts to spread the word about the Alzheimer's Association, the Walk to End Alzheimer's, Go Purple initiatives and general awareness of the disease in the community. You will act as a liaison between the Association and your community leaders, organizations and businesses!**

**Become an ALZ Star today!**

**Contact: Jess Tessman**

Development Coordinator

jettessman@alz.org | 860.419.3155



**EACH ★ REPRESENTS AN ALZ STAR**

**BE A CONNECTOR, BE A VOICE, AND BE ENGAGING!**



# What's happening at the Connecticut Chapter?

## BREAKFAST OF CHAMPIONS

Volunteers and dedicated Walk supporters gathered on Friday, February 10 and had a fantastic time!

It was a wonderful event full of energy. Oneika Mays discussed how to be mindful as loved ones navigate through the journey of being a caregiver for a loved one with Alzheimer's disease.

We are ready for the Walk to End Alzheimer's 2023 season!



**TO OUR CHAMPIONS & VOLUNTEERS -  
WE HAD A WONDERFUL TIME KICKING OFF  
THE 2023 SEASON WITH YOU AND CAN'T WAIT  
TO REACH OUR GOALS FOR THIS YEAR!**

REGISTER YOUR TEAM TODAY AT [ACT.ALZ.ORG/CONNECTICUT](https://act.alz.org/connecticut)

# Connecticut Volunteers in ACTION!



## COMMUNITY EDUCATORS

Community Educator Ariana Plaza taught an Understanding Alzheimer's and Dementia seminar at the Farmington Valley Jewish Congregation. We are incredibly fortunate to have amazing Community Educators like Ariana serving with us this year and look forward to adding more to our team!

## ADVOCACY

Many thanks to our dedicated advocates for sharing their stories to ask Congress to ensure access to FDA-Approved Alzheimer's Treatments.

**TAKE ACTION TODAY: [p2a.co](https://p2a.co).**

Join the growing number of Alzheimer's advocates who are making a difference. You can play an important role in change by sharing your story with elected officials via petitions, phone calls, letters and community events.



***This is YOUR year to raise your voice  
for the fight to end Alzheimer's.  
Join our mighty team of Alzheimer's  
advocates around the country!***



**CHANGE THE COURSE - WE NEED YOUR VOICE!**

## WHAT WOULD ACCESS TO LIFE-CHANGING ALZHEIMER'S TREATMENTS MEAN TO YOU?



**ARTHENA C.**

**\*LIVING WITH MILD  
COGNITIVE IMPAIRMENT**



**KORI G, CARE PARTNER & TONY G.**

**\*LIVING WITH MILD  
COGNITIVE IMPAIRMENT**



**JOE M.**

**\*LIVING WITH  
ALZHEIMER'S**

As new treatments for early stage Alzheimer's and mild cognitive impairment (MCI) receive FDA approval, the perspectives of people living with dementia are critical to securing access. Now is your chance to use your voice and to share why new treatments matter to you and your family.

**HELP US ADVOCATE FOR MEDICARE COVERAGE FOR  
NEW FDA-APPROVED TREATMENTS!**

### **ENGAGE YOUR ELECTED OFFICIALS**

LEARN ABOUT OPPORTUNITIES TO MEET  
WITH POLICYMAKERS OR SHARE IN  
WRITING WITH THEM WHY ACCESS TO  
TREATMENTS MATTERS TO YOU.

### **TELL YOUR STORY**

USING OUR SIMPLE TOOL, RECORD A  
VIDEO, AND WE'LL JOIN ALL VOICES  
TOGETHER IN THE FIGHT TO SECURE  
ACCESS. VIEW VIDEOS OF OTHERS  
WHO HAVE SHARED THEIR VOICE.