

New Hartford Recreation Summer 2019

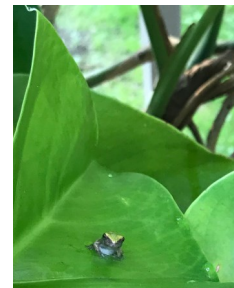


NEW HARTFORD

A TOWN FOR ALL SEASONS



CAMP BRODIE REGISTRATION INFORMATION IS INSIDE!



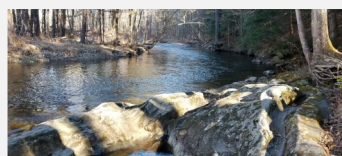
Visit our new website!



www.newhartfordct.gov

Get outside!

Some of the best trails and outdoor spaces are right here in your community!
New Hartford Trails highlighted on pages 2 - 3!



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The Helen Butler Riverfront Trail

2018 was a great year for hiking in New Hartford! The Town was successful in completing the acquisition of an 8+ acre parcel of Riverfront Land on Black Bridge

Road. This transaction was part of the preservation of the Butler Farm. The Town now begins the process of opening what will be the "Helen Butler Riverfront Trail" - a one mile long trail along the Farmington River that is filled with beautiful vistas of this wild & scenic river and fabulous fishing spots! Many residents came together to make this dream come true. Many thanks to the Butler family, Open Space Commission (and all of our New Hartford volunteers), the New Hartford Land Trust and the Farmington River Anglers Association for their help and support. This new recreational amenity will be a great addition to hiking options in New Hartford for years to come. We look forward to a grand opening of the trail this spring. Stay tuned!



New Hartford is home to several land preserves and forests with hiking, walking and biking trails.

Antolini Woods is located off Antolini Road just past the South End Fire Station with trails that connect to the Phillips Farm. Antolini Road meets Route 202 at the intersection with Town Hill Road or Route 219.

Phillips Farm is located at 280 East Cotton Hill Road and has a small parking area with trails that connect to the Antolini Woods.

spot" with spectacular views of the downtown village, Farmington River Valley, and surrounding forests. Parking is available on Steele Road, approximately 1.1 miles south from the intersection of Route 219.



Jones Mountain is 166 acre parcel covered with rugged mature forest interspersed with meadows and intermittent streams. The property is traversed by existing hiking trails and a beautiful historic carriage road, lined by old stone walls and culverts built by Irish stonemasons of generations past. The carriage road encircles the summit of Jones Mountain, and provides access to the "bare

Nepaug State Forest is located 2.3 miles east of the junction of Route 219 / Route 202 with parking located on Route 202. Activities include Biking, Camping, Cross-Country Skiing, Fishing, Hiking, Letterboxing and Hunting. 1.7 miles further is parking for water company access road to Neapug Reservoir - a flat paved area perfect for walking or hiking along the beautiful waterfront.

Adult Programs

Ballroom Dancing

Learn to twirl your way around the dance floor. No partner? No problem! We rotate partners so that no one gets left out. Classes are ongoing, 45 minutes long, with a 15-minute practice immediately afterwards. New students are welcomed & the goal is to get you out on the dance floor having fun. Each week, steps are repeat, repeat, repeat, until you get it. The intermediate class steps are a little harder & the focus is on good technique. Each month features a different style dance. Call Lisa @ 860-655-5731 to schedule the best start date or for more details.

Tuesdays	Ongoing (year round)	7pm - 8pm Beginner	\$10 per person per class	Berkshire Hall
Tuesdays	Ongoing (year round)	8pm - 9pm Intermediate	\$10 per person per class	Berkshire Hall

Pilates

Each Tuesday and Friday, Robyn Centrella, certified instructor and senior fitness specialist, will guide you through a system of movements that increase your levels of strength, balance, flexibility, muscle tone, stamina and well-being. You will leave feeling rejuvenated and relaxed.

Tuesdays & Fridays	Ongoing (year round)	9am - 10am	\$6 per class	Town Hall Senior Center
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Family Programs

New Hartford Karate Club

This is a Mushin-Do style Karate class, which employs special calisthenics designed for building strength & maximizing flexibility as an inherent part of the learning process. For more information on how to join, contact Glenn or Robin Ryan at 860-626-0477. Held at the Antolini School while school is in session and at Brodie Park during the summer months.

Mondays	Ongoing (year round)	7-8:30pm youth 7-9pm adult	\$5/family \$3/individual per evening Please pay at class.	June - August Brodie Park September - June Antolini School
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Brodie Park South is a 140 acre parcel located on the south corner of Niles and West Hill Roads. The Franklin P.

Kearney Trail starts at the intersection of West Hill and Niles Road with parking at the Berkshire Hall lot. Additional parking for the fields and meadows is at the top of Niles Road.

Goula Open Space is an 118 acre parcel of Open Space located on Cotton Hill Road.

Parking is approximately 1.6 miles from the Route 202 intersection, located on the east side of the road near the entrance to the main field.



More information on town owned and publically accessible properties, parks and trail maps can be found online at:



Senior Programs

These programs and activities are specially designed for ages 55+.

For additional information or to reserve your spot in our senior programs, call Senior Director Diane Barrett at 860-379-3389 between the hours of 9am - 2pm

Scrabble & Cards

Every Tuesday come play a few games of scrabble or some card games like setback and nine five. It is a lot of fun and a great way to socialize with others! Enjoy fresh coffee and tea.

Tuesdays	Ongoing (year round)	12:30pm	FREE	Town Hall Senior Center
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Coffee Talk

Enjoy fresh coffee, tea, snacks and conversation every Monday at 10am. Being surrounded by a warm community of people lifts spirits, restores confidence, and puts a little spring in your step. Relax and enjoy coffee and conversation.

Tuesdays	Ongoing (year round)	10:00am	FREE	Town Hall Senior Center
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Stop by the Senior Center and meet new Senior Director, Diane Barrett!

Diane is excited to bring more programs, trips and activities to our residents who are 55+.

The Senior Center, located on the 3rd floor of the New Hartford Town Hall offers programs that build a community of friendships as we transition to new stages in our lives.

Have an idea or a suggestion? Stop by or call and let Diane know!

She'd love to hear from you!

Annual Senior Summer Picnic Wednesday, July 31

Have a meal with friends & enjoy music by Music Gallery. It's always an enjoyable evening to remember!

TOWN OF NEW HARTFORD SENIOR VAN

860-379-3389



12 Passenger Vehicle



Wheel Chair

Accessible

Seniors, do you need a ride to a local doctor's appointment, grocery store, bank, senior center activities or interested in taking a day trip? Please call 860-379-3389 and we will make it work for you!

860-379-3389





Senior Programs

Fitness with Robyn Centrella

Come empower yourself with Robyn Centrella, certified instructor and senior fitness specialist. Begin with gentle warmups, followed by resistance and balance training that improves posture and coordination. Work to correct chronic weaknesses in the back, knees, hips & shoulders. Your reward will be a relaxed and balanced body. All exercises are modified based on each individual's abilities.

Mondays & Wednesdays	Ongoing (year round)	9am - 10am	\$3 per class	Town Hall Senior Center
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Pilates

Each Tuesday and Friday, join Robyn Centrella, certified instructor and senior fitness specialist, for this progressive mat class to help you feel stronger, taller, and more flexible, and prevent injury. With attention given to modified movements for joint sensitivity, this class is suited for all levels.

Tuesdays & Fridays	Ongoing (year round)	9am - 10am	\$6 per class	Town Hall Senior Center
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Upbeat Moving and Grooving with Wendy

Wendy Larson teaches an upbeat senior fitness class that uses all the muscles which increase flexibility and endurance for seniors. You'll be laughing and sweating while having a good time!

Tuesdays & Thursdays	Ongoing (year round)	10:45am - 11:45am	\$3 per class	Town Hall Senior Center
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Therapeutic Stretch with Robyn

Robyn Centrella guides a stretching class that is a perfect transition from exercising.. She guides you through slow, easy stretches to keep your hip flexors long and supple, arms, neck, back and legs flexible and mobile. Stretching allows greater movement in the joints and improves posture.

Wednesdays	Ongoing (year round)	10am - 10:25am	FREE	Town Hall Senior Center
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Line Dancing with Dee

Dee Connors teaches a wonderful line dancing class which includes a variety of styles of dancing, needs no partner, and is lots of fun! An excellent form of exercise for both the mind and body.

Thursdays	Ongoing (year round)	9:30am - 10:30am	FREE	Town Hall Senior Center
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Golden Groove by Robyn

Robyn Centrella designs this class introducing easy-to-follow **Zumba®** choreography that focuses on balance, range of motion and coordination geared more toward the senior community. Come ready to have fun and prepare to leave empowered and feeling strong.

Fridays	Ongoing (year round)	10:30am - 11:30am	\$5 per class	Town Hall Senior Center
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Camp Brodie 2019

SIGN UP FOR THE FUN!



Traditional Camp Brodie

FOR CHILDREN AGES 5 - 12

Camp Brodie offers a fun-filled traditional summer camp option for children ages 5-12. Our campers become part of a dynamic camp family where they can explore nature, their artistic and athletic abilities, interact with friends they know, as well as make new friends, all while escaping the ever growing technology age and rediscovering their inner child. Campers will participate in a variety of activities—art, field games, court games, hikes, canoeing, beach time, cooking, scavenger hunts, obstacle courses, lifeguard / beach games, minute to win it contests, and more! Each week there are different themes to keep camp fun and interactive, as well as field trips and special guests to experience.

Sample Schedule

Morning Activities

8:45 - 9:00 Arrival

9:00 - 9:30 Welcome Activity

9:30 - 10:15 Art

10:15 - 10:30 Snack

10:30 - 11:15 Court Time

11:15 - 12:00 Elective



Sample Schedule

Afternoon Activities

12:30 - 1:15 Nature Hike

1:15 - 2:00 Cooking

2:00 - 2:15 Snack

2:15 - 3:00 Beach

3:00 - 3:45 Field Games

3:45 - 4:00 Dismissal

Each Monday, Campers will choose an elective to attend later in the week. Past electives included activities such as Project Adventure, dance, gymnastics, cooking, theater, fishing, art, assortment of games, hiking, photography, court games, canoeing, and gardening, but we're always growing the choices and coordinating activities based on the camper's interests and ideas!

Field Trips

Week 1 - Thursday, June 27, 2019

Apple Cinemas - Movie - Toy Story 4

380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18

Week 2 - Wednesday, July 3, 2019

Roller Magic - Roller Skating

60 Harvester Rd., Waterbury, CT 06706

www.rollermagicct.com

Depart: 10:00am Return: 2:00pm Fee: \$20

Week 3 - Thursday, July 11, 2019

SportsCenter - Mini-Golf, LazerTag & GameZone

784 River Rd., Shelton, CT 06484

www.sportscenterct.com

Depart: 9:30am Return: 2:30pm Fee: \$35

Week 4 - Friday, July 19, 2019

Discovery Museum - Hands-on STEM experiences

4450 Park Ave., Bridgeport, CT 06604

www.discoverymuseum.org

Depart: 9:00am Return: 3:30pm Fee: \$30

Week 5 - Thursday, July 25, 2019

Apple Cinemas - Movie - Lion King

380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18

Week 6 - Thursday, August 1, 2019

Children's Museum - Hands-on science

950 Troutwood Dr., West Hartford, CT 06119

www.thechildrensmuseumct.org

Depart: 9:15am Return: 2:00pm Fee: \$25

Week 7 - Thursday, August 8, 2019

Action Wildlife - Outdoor animal park

337 Torrington Rd., Goshen, CT 06756

www.actionwildlifefoundation.com

Depart: 9:00am Return: 2:00pm Fee: \$25

Week 8 - Thursday, August 15, 2019

Nomads - Hands on Adventures & Arcade

240 Governor's Hwy., South Windsor, CT 06074

www.nomadsadventurequest.com

Depart: 9:00am Return: 2:00pm Fee: \$35

Teen Camp @ Camp Brodie

FOR TEENS AGES 13+

Our teen program is growing and we have even more activities and more fun planned for the 2019 season! This camp is designed for our 13+ aged campers (entering grades 7th or higher) to get them out of the house, into nature & away from their “screens”. Days will be guided by the groups interests & will include longer hikes, canoeing, & larger scale art projects. Teens with a desire and passion in working with younger campers will be placed with the younger groups to be good role models and learn the duties and expectations of our counselors.

Teen Trips

These field trips scheduled with this age group in mind! Teens are welcome to participate in any field trips scheduled whether with the teen group, or traditional Camp Brodie. Teens wishing to sign up for a trip only may do so, but standard registration procedure and day rates apply in addition to the trip cost.

Week 1 - Thursday, June 27, 2019

Apple Cinemas - Movie selected by the group

380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18

Week 2 - Wednesday, July 3, 2019

Roller Magic - Roller Skating

60 Harvester Rd., Waterbury, CT 06706

www.rollermagicct.com

Depart: 10:00am Return: 2:00pm Fee: \$20

Week 3 - Thursday, July 11, 2019

SportsCenter - Virtual Reality, Paintball, Mini-Golf

784 River Rd., Shelton, CT 06484

www.sportscenterct.com

Depart: 9:30am Return: 2:30pm Fee: \$35

Week 4 - Friday, July 19, 2019

Adventure Park - Ropes Adventure Course

4450 Park Ave., Bridgeport, CT 06604

www.discoveryadventurepark.org

Depart: 9:00am Return: 3:30pm Fee: \$40

Week 5 - Thursday, July 25, 2019

Apple Cinemas - Movie selected by the group

380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18

Week 6 - Wednesday, July 31, 2019

Farmington River Tubing

92 Main St., New Hartford, CT 06057

www.farmingtonrivertubing.com

Depart: 9:30am Return: 3:00pm Fee: \$40

Week 7 - Wednesday, August 7, 2019

Lake Compounce - Amusement Park

185 Enterprise Dr., Bristol, CT 06010

www.lakecompounce.com

Depart: 10:00am Return: 5:00pm Fee: \$45

Week 8 - Thursday, August 15, 2019

Nomads - Hands on Adventures & Arcade

240 Governor's Hwy., South Windsor, CT 06074

www.nomadsadventurequest.com

Depart: 9:00am Return: 2:00pm Fee: \$35



Tiny Tots @ Camp Brodie

FOR CHILDREN AGES 3 - 4



Tiny Tot Adventures invite our youngest campers to join Camp Brodie from 9am—12pm. This program offers the same fun as Traditional Camp Brodie, but with a slower, more nurturing pace that is just right for their young bodies. They will explore nature, their artistic and athletic abilities, and make new friends. Campers will participate in a variety of activities—art, field games, court games, hikes, beach time, and more! There will be a quiet play time each day in our Tiny Tots cabin to give them a break when needed. Tiny tots are invited to stay with a parent for special guests who arrive after pick up time. Sorry, field trips are only offered once you start in our Traditional Camp Brodie program.

This program is for children who are 3 as of 12/31/2018. Exceptions for age will not be made.



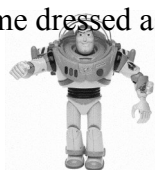
Week 1: June 24 - June 28

You've Got a Friend in Me

Mr. & Mrs. Potato Head, Mike Wazowski, Minions and more Disney friends are waiting for you to start our camp season. There will be character crafts, friendship and toy making projects and silly games to play.

Dress Up Day: Tuesday, June 25

Disney theme - Get creative and come dressed as your favorite Disney character.



Field Trip: Thursday, June 27

Apple Cinemas

Movie - Toy Story 4

380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18

Special Guest: Since we're just getting into the swing of things, every day is special this week!



Week 2: July 1 - July 5

All American Heroes

From superheroes like Captain America to local heroes like our local firefighters, we'll be celebrating All American Heroes this week!



Dress Up Day: Tuesday, July 2

American Hero Dress up Day - Come dressed as your favorite American Hero - a superhero, a police officer, or a firefighter, or be a hero in training in your own very best red, white & blue outfit!

Field Trip: Wednesday, July 3

Roller Magic - Roller Skating

Depart: 10:00 Return: 2:00 Fee: \$20

Special Guest: Friday, July 5

Firefighters are some of the many heroes that help make our country great! Join us while we learn about what these heroes do and get a peak at their cool trucks.



Camp fees are discounted 20% this week because there is NO camp on July 4!



Week 3: July 8 - July 12

Summer Universiade



While students are competing in Italy, we will offer Brodie competitions to mimic this international event. Combining *University* and *Olympiad*, the motto for this sports and cultural event is 'Today's Stars, Tomorrow's Leaders'. We will have tournaments and games, trophies, stars, and ping pong ball projects.

Dress Up Day: Tuesday, July 9

Sports Theme - Come dressed in your favorite sport outfit or team!



Field Trip: Thursday, July 11

SportsCenter of CT

Mini-Golf, LazerTag & GameZone

784 River Rd., Shelton, CT 06484

www.sportscenterct.com

Depart: 9:30am Return: 2:30pm Fee: \$35



Special Guest: Friday, July 12

Villari's Karate and Master Horan will be present to demonstrate some awesome moves from one of the coolest sports around.



Week 4: July 15 - July 19

Stem to STEM

Just as a stem supports a plant and connects it to others, STEM supports just about everything else on earth. We'll dabble in farming/planting and a few nature activities; the Robotics Team from NWR7 will visit, and there'll be a robot building competition!

Dress Up Day: Tuesday, July 16

Farmers vs. Scientists - Who will win? Come dressed as your favorite farmer or in your best science "geek" garb!

Field Trip: Friday, July 19

Discovery Museum

Hands-on STEM experiences

4450 Park Ave., Bridgeport, CT 06604

www.discoverymuseum.org

Depart: 9:00am Return: 3:30pm Fee: \$30



Special Guest: This week we'll learn about planting and growing - seeds, plants and minds!

Wednesday, July 17 - Barden Farm

Thursday, July 18 - NWR7 Robotics Team

Week 5: July 22 - July 26

Just Can't Wait to be King

It's a zoo at camp this week with elephants, hippos, zebras, flamingos, and of course - lions! There will be games, crafts and activities with animal themes such as monkey tag, animal scavenger hunts, watercolor shadow painting, and zebra pretzel making.

Dress Up Day: Tuesday, July 23

Animals - Come dressed as your favorite zoo animal! Lion? Tiger? Monkey? The possibilities are endless!

Field Trip: Thursday, July 25

Apple Cinemas

Movie - Lion King

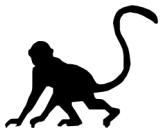
380 New Hartford Rd, Barkhamsted, CT 06063

www.applecinemas.com

Depart: 12:30pm Return: 3:30pm Fee: \$18



Special Guest: Friday, July 26



Zoo on the Go - The Zoo at Forest Park will be stopping by with at least 5 of their animal ambassador friends!

Week 6: July 29 - August 2

Block to Block Party

We'll be building our way to an amazing week of camp this week. Lego creations, mazes, scavenger hunts and sand castle competitions with our lifeguards will fill our week with fun!

Dress Up Day: Tuesday, July 30

Come dressed as your favorite Lego color or character from your favorite Lego set!

Field Trip: Thursday, August 1

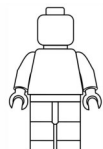
Children's Museum

Hands-on fun with science and nature

950 Troutwood Dr., West Hartford, CT 06119

www.thechildrensmuseumct.org

Depart: 9:15am Return: 2:00pm Fee: \$25



Special Guest: Friday, August 2

Playwell Legos - Legos, Legos Legos! A free-build station will be set up, along with Lego battle cars and race tracks!



Week 7: August 5 - August 9

In Our Big Backyard

From frogs and the lake to birds and trees, we will explore our camp 'yard' this week. We can collect from nature to make musical instruments, creative projects and games. We may offer fishing, canoeing, tent making and design your own backpacks.

Dress Up Day: Tuesday, August 6

Come dressed in an outfit of your favorite New England outdoor activity!

Field Trip: Thursday, August 8

Action Wildlife

Outdoor animal park - hayride tour

337 Torrington Rd., Goshen, CT 06756

www.actionwildlifefoundation.com

Depart: 9:00am Return: 2:00pm Fee: \$25



Special Guest: Friday, August 9



The Children's Museum will visit to help us learn about the diversity of wildlife in our small state and the impact of human activity.

Week 8: August 12 - August 16

Mardi Gras to Carnival

Come join the party at Brodie! We will start the week with a colorful Mardi Gras celebration. We will share in making and tasting a Three Kings Cake and make parade costumes. Another festival we will learn about is a Thailand water festival- it has been called the world's largest water fight! Water games will fill the days and we'll end with the annual camp party!

Dress Up Day: Tuesday, August 13

Dress in your most festive purple, yellow and green Mardi Gras attire!

Field Trip: Thursday, August 15

Nomads Adventure Quest

Hands on Adventures & Arcade

240 Governor's Hwy., South Windsor, CT 06074

www.nomadsadventurequest.com

Depart: 9:00am Return: 2:00pm Fee: \$35



Special Guest: Friday, August 16

Annual Camp Party with Inflatables!

Brodie alumni can confirm there is no better way to wrap up the season than bouncing, bouncing, bouncing! We're planning the best party yet!





We are excited to announce the return of US Sports Institute!
 This summer, in conjunction with the US Sports Institute, we are offering a variety of sports camps! These camps are for all ability levels and a wide range of ages. From toddler to preteens, we have your summer sports camp needs covered!

Multi-Sports Camp

USSI's flagship Multi Sports programs allow children of all ages to experience a variety of sports throughout the program. Children will have the opportunity to learn and play sports like basketball, soccer, flag football, track & field, hockey, and more! Campers will have the opportunity to experience up to 4 sports each day.

All of our Multi Sport programs are suitable for children of all ability levels. From the recreation-level player to the more serious athlete, our multi sports programs are great fun for all.

For our younger athletes, the Parent & Me Squirts (for ages 2-3 years old) will introduce a variety of sports through discovery and games all with the help of Mom or Dad. Multi-Sports Squirts (for ages 3-5) provides an independent introductory experience to sports such as soccer, lacrosse, t-ball and more. For ages 5-7, more emphasis is given to skill development and tactical introduction.

Soccer Camp

Classic soccer camps provide players a rounded soccer experience covering a broad range of soccer techniques, skills, and tactics. Players will be challenged at an appropriate level while receiving instruction in a fun, positive environment.

For our younger athletes, the Parent & Me Soccer Squirts, for ages 2-3 years old will introduce soccer through discovery and educational games all with the help of Mom or Dad. Soccer Squirts, for ages 3-5 provides independent introductory soccer experience. For ages 5-7, more emphasis is given to skill development and tactical introduction.

Tennis Camp

USSI is has an affiliation with the US Tennis Association (USTA) and are proud to offer developmental tennis programs for different age groups and all ability levels. Tennis classes are offered in tiers of ability to ensure all participants play and learn at the appropriate level. Using racquets, balls and courts appropriately sized for players based on their age, participants will experience success and enjoyment from start to finish. Tennis camp is a week long, 3 hour per day comprehensive tennis experience to improve technique, learn rules, and have fun!

For our younger players, Tennis Squirts is a fun-filled learning adventure that introduces children ages 3-5 to the world of tennis. Tennis Foundations provides the opportunity to learn fundamentals in an energetic, low pressure environment.

Soccer Camp - week of July 8		
Soccer - Ages 5-11	9:00am - 12:00pm	\$169
Parent & Me Soccer - Ages 2-3	2:00pm - 2:45pm	\$ 89
Soccer - Ages 3-5	2:45pm - 3:30pm	\$ 89
Soccer - Ages 5-7	3:30pm - 4:15pm	\$ 89
Multi-Sports Camp - week of July 29 or August 12		
Multi-Sports - Ages 5-11 Full Day	9:00am - 4:00pm	\$199
Multi-Sports - Ages 5-11 Morning Only	9:00am - 12:30pm	\$169
Multi-Sports - Ages 5-11 Afternoon Only	1:00pm - 4:00pm	\$129
Parent & Me Multi-Sports - Ages 2-3	5:00pm - 5:45pm	\$ 89
Multi-Sports - Ages 3-5	5:00pm - 5:45pm	\$ 89
Tennis Camp - week of August 5		
Tennis Camp - Ages 5-11	9:00am - 12:00pm	\$169
Tennis Squirts - Ages 3-5	2:00pm - 2:45pm	\$ 89
Tennis Foundations - Ages 6-8	3:00pm - 4:00pm	\$ 99
Tennis Foundations - Ages 9-11	4:00pm - 5:00pm	\$ 99



Basketball Camp

JULY 22 - 26, 2019



Coach Luke Nelson returns to help you develop your game and a competitive edge! This camp is designed for youth going into 6th-8th grade looking to take their game up a notch. Skill building and strategies will be addressed, as well as proper warm up, cool down, and hydration/nutrition. Special emphasis on your mental approach and preseason habits will be discussed that will give you that edge above other players. Each day will cover ball handling, core strength/balance, offensive skills, defensive skills, perimeter and post instruction and a small -sided and/or full court scrimmage every day. Held at the Brodie outdoor courts or the Field House in inclement weather. Registration limited to 18 players.

For ages 11-13

8:30am-12pm

Fee: \$125 *T-Shirt included in price



FRIDAY
JUNE 21, 2019
5-7PM



Make Music Day is a global music celebration that takes place around the world! People of all ages & skill come together to make music on the summer solstice. Students from New Hartford Simply Guitar Studio will be performing folk, pop, country, classical guitar and more at the downtown pavilion by the river in New Hartford Center!

MAKE MUSIC DAY

Make Music Day originated in France in 1982 as the Fete de la Musique and has spread to over 800 cities across 120 countries. This year, more than 70 US cities and much of the State of Connecticut will host Make Music performances and be a part of the world's largest music event.



2019 Camp Brodie Registration Form

TO REGISTER FOR CAMP:

YOU CAN NOW REGISTER AND PAY ONLINE WITH A CREDIT CARD!

Go to: <https://newhartfordrec.recdesk.com/>

You can also create an account or login, register and then just mail a check!

To register in person or by mail:

- Fill out this registration form & a signed 2019 Camp Brodie Release form (one per child) or register online!
- Submit 50% of the first week's fee. (remainder is payable in full the Friday before the camp session)
- A current health form, signed by your child's doctor indicating a physical was performed within the past 3 years. If your child attended camp last year, we may have one on file. Please call to verify.
- Mail to: **New Hartford Recreation • PO Box 316 • New Hartford, CT 06057** or you may drop off in person at New Hartford Town Hall - Recreation Office—530 Main. St., New Hartford, CT 06057 (860) 379-3389
- The Camp Office will open June 24, 2019 - (860) 379-3877 Berkshire Hall at Brodie Park, 580 West Hill Rd., New Hartford

Child's Name: _____ Age: _____ Grade in Fall: _____

Street Address: _____

City/State/Zip: _____

Parent/Guardian 1 Relationship: ☐ Mother ☐ Father ☐ Other: _____

Name: _____ Email: _____

Cell: _____ Home: _____ Work: _____

Parent/Guardian 2 Relationship: ☐ Mother ☐ Father ☐ Other: _____

Name: _____ Email: _____

Cell: _____ Home: _____ Work: _____

Additional Emergency Contact

Name: _____ Relationship: _____

Cell: _____ Home: _____ Work: _____

Participants are often involved in large group activities that involve movement over grass, trails, and uneven terrain. We will make every effort to make reasonable accommodations for all participants; however, for the safety and well being of all involved, we ask you to please call to discuss any special needs your child may have prior to registering for camp. Please list anything we may need to know regarding your child's health or safety while he/she attends camp, including allergies or any other wellness concerns:

Date: _____ Signature: _____ Print Name: _____

What to bring with you!

- Backpack
- Lunch & Snack
- Water bottle
- Sneakers
- Bathing Suit & Towel
- Sunscreen & Bug Spray

Optional:

- Spare Outfit
- Sweatshirt / rain jacket
- Hat / sunglasses
- Swim goggles
- Money for the snack shack

What **not** to bring:

- Electronics (ipods, handheld games, etc.)
- Sandals / flip flops
- Over the counter medication
- Water guns (we will let you know about special days for these!)
- Card Games (Including pokemon type cards)

2019 Camp Brodie Policies & Release Form for:

- Camp runs rain or shine. Times vary depending on the camp chosen. Drop off is no earlier than 15 minutes prior to the start of a camp, and pick up is no later than 15 minutes after the listed time. Additional fees will be applied if your child is in attendance beyond their registered time.
- Your child must be provided with a bag lunch (with an ice pack if necessary), snacks appropriate for the time they will be in attendance at camp and a water bottle. Bottles may be refilled with water at any time during the day.
- Please dress your child in his/her bathing suit with appropriate clothing over it. A change of clothing is recommended, along with a sweatshirt and hat.
- Campers **MUST** wear closed-toe shoes. Sneakers are recommended.
- Please apply sunscreen and bug spray prior to camp. Staff can not apply these to your child, but they may carry and self-apply as needed.
- Water activities & swimming will be a regular part of camp. Campers entering 4th grade and at least 9 years old will have the opportunity to take a “dock test”. If they pass it, they will be allowed to swim to the dock during camp swim time if they choose.
- Food may be served at camp as a part of our special activities. Please **BE SURE** you have allergies listed on your child’s registration and medical forms. If you don’t wish your child to participate in food activities, make sure you have clearly indicated specific instructions.
- Photos and videos of your child may be taken during camp. You agree to allow these to be used in publications unless otherwise noted.
- Unruly behavior on the part of your camper may result in removal from an activity, the group, or being sent to the camp office. Depending on the severity of the offense, you may be contacted for pickup.
- If your child requires any medications including an Epipen, you **MUST** contact the Camp Office (860) 379-3877. All medications and doctor signed authorizations **MUST** be given to the camp nurse for approval.
- A health form signed by a doctor must be provided or your child will not be allowed to attend camp. A camp health form is preferred, but a standard school medical form will also be accepted. Physicals must have taken place within the past 3 years.

I understand that there is a possibility that my child could sustain injuries while engaging in camp activities. In case of emergency where a family member cannot be reached, I authorize the attending Emergency Department physician to treat my child. I also understand that my own medical insurance will be used in the event of an emergency. I agree to hold harmless the town of New Hartford, the Park and Recreation Department, its officers, sponsors, agents, employees and anyone else associated with the program. For the safety and wellness of all campers, NHR reserves the unrestricted right to dismiss a camper whose conduct or influence, in the opinion of the Director, is detrimental to the best interests of the camp or other campers. There are no refunds if a camper is dismissed for this reason.

By signing below, I confirm that I have read the Camp Brodie Policies & Release From, agree with & will comply with the policies & terms.

Parent/Guardian Signature: _____

Print Name: _____ Date: _____

2019 CAMP SELECTION FORM

- Find the code for the time you would like your child to attend on the chart to the right.
- Circle the code for the week(s) you would like to attend.
- Fill in the total for the week, being sure to include the field trip if your child would like to attend!

**Tired of paper forms?
SAVE TIME!**

Code	Camp Brodie Times & Prices	Resident	Non-Res
A	9-2 Mini Camp	\$140	\$180
B	9-4 Regular Camp	\$195	\$230
C	9-5:30 Ext Afternoon Camp	\$240	\$285
D	7:30-2 Ext Morning Mini Camp	\$185	\$235
E	7:30-4 Ext Morning Camp	\$240	\$285
F	7:30-5:30 Extended Day Camp	\$270	\$325
G	9-12 Tiny Tots Adventures (ages 3 & 4)	\$100	\$115
H	9-4 Teen	\$60	\$75

REGISTER AND PAY ONLINE WITH A CREDIT CARD! <https://newhartfordrec.recdesk.com/>

	Date	Theme	Price Code From Chart	Total
Week 1	6/24/19	You've Got A Friend in Me or Teen Camp	A B C D E F G H	
	6/27/19	Field Trip—Apple Cinemas	\$18	
Week 2	7/1/19	Stars and Stripes / Teen Camp	A B C D E F G H	**Holiday Week pricing—20% off
	7/3/19	Field Trip—Roller Magic	\$20	
Week 3	7/8/19	Summer Universiade or Teen Camp	A B C D E F G H	
	7/11/19	Field Trip—Sportscenter	\$35	
Week 4	7/15/19	Stem to STEM or Teen Camp	A B C D E F G H	
	7/19/19	Field Trip—Discovery Center	\$30	
	7/19/19	Teen Field Trip—Adventure Park	\$40	
Week 5	7/22/19	Just Can't Wait to be King or Teen	A B C D E F G H	
	7/25/19	Field Trip—Apple Cinemas	\$18	
Week 6	7/29/19	Block Party or Teen	A B C D E F G H	
	8/1/19	Field Trip—Children's Museum	\$25	
	7/31/19	Teen Trip—Farmington River Tubing	\$40	
Week 7	8/5/19	In our Big Backyard / Teen Camp	A B C D E F G H	
	8/8/19	Field Trip—Action Wildlife	\$25	
	8/7/19	Teen Field Trip—Lake Compounce	\$45	
Week 8	8/12/19	Mardi Gras to Carnival / Teen Camp	A B C D E F G H	
	8/15/19	Field Trip—Nomads Adventure	\$35	



*As always, Friday is Pizza Day!
A pizza lunch is available on Friday
for \$5.*



*There is a Snack Shack with snacks,
treats & ice cream. Prices vary and start
at \$0.50*



Week	Dates	Camp	Times	Price	Add On	Total
Week 3	7/8 - 7/12	Soccer - Ages 5-11	9:00am - 12:00pm	\$169		
	7/8 - 7/12	Parent & Me Soccer - Ages 2-3	2:00pm - 2:45pm	\$ 89		
	7/8 - 7/12	Soccer - Ages 3-5	2:45pm - 3:30pm	\$ 89		
	7/8 - 7/12	Soccer - Ages 5-7	3:30pm - 4:15pm	\$ 89		
Week 5	7/22 - 7/26	Basketball	8:30am - 12:00pm	\$125		
Week 6	7/29 - 8/2	Multi-Sports - Ages 5-11 Full Day	9:00am - 4:00pm	\$199		
	7/29 - 8/2	Multi-Sports - Ages 5-11 Morning Only	9:00am - 12:30pm	\$169		
	7/29 - 8/2	Multi-Sports - Ages 5-11 Afternoon Only	1:00pm - 4:00pm	\$129		
	7/29 - 8/2	Parent & Me Multi-Sports - Ages 2-3	5:00pm - 5:45pm	\$ 89		
	7/29 - 8/2	Multi-Sports - Ages 3-5	5:00pm - 5:45pm	\$ 89		
Week 7	8/5 - 8/9	Tennis Camp - Ages 5-11	9:00am - 12:00pm	\$169		
	8/5 - 8/9	Tennis Squirts - Ages 3-5	2:00pm - 2:45pm	\$ 89		
	8/5 - 8/9	Tennis Foundations - Ages 6-8	3:00pm - 4:00pm	\$ 99		
	8/5 - 8/9	Tennis Foundations - Ages 9-11	4:00pm - 5:00pm	\$ 99		
Week 8	8/12 - 8/16	Multi-Sports - Ages 5-11 Full Day	9:00am - 4:00pm	\$199		
	8/12 - 8/16	Multi-Sports - Ages 5-11 Morning Only	9:00am - 12:30pm	\$169		
	8/12 - 8/16	Multi-Sports - Ages 5-11 Afternoon Only	1:00pm - 4:00pm	\$129		
	8/12 - 8/16	Parent & Me Multi-Sports - Ages 2-3	5:00pm - 5:45pm	\$ 89		
	8/12 - 8/16	Multi-Sports - Ages 3-5	5:00pm - 5:45pm	\$ 89		

Campers participating in a specialty camp may join their traditional Camp Brodie friends before or after participating in most specialty camps. Add an additional \$30 per week fee applies for each hour in addition to the specialty camp that is attended. As an example, a child attends soccer camp from 9:00-12:00 and will stay with Camp Brodie until 2, the additional weekly fee is \$60.

GRAND TOTAL DUE: _____



Our Camp Schedule runs daily from 9am—4pm.

We schedule our day around this time.

Campers who attend mini-camp, specialty camps or field trips may miss specific activities within the daily schedule.

Participants in Camp Brodie are often involved in large group activities that involve movement over grass, trails, and uneven terrain. We will make every effort to make reasonable accommodations for all participants; however, for the safety and well being of all involved, we ask you to please call to discuss any special needs your child may have prior to registering for camp.

**SAVE TIME!
YOU CAN NOW
REGISTER AND PAY ONLINE
WITH A CREDIT CARD!**

Go to:

<https://newhartfordrec.recdesk.com/>

Paying by check? They can be made payable to:

New Hartford Recreation

DEPOSIT: 50% of the first week is due at the time of registration. Balance for upcoming weeks are due & payable on the Friday before the session.

Don't see what you're looking for? Give us a call.

Before June 21 - Recreation Office (860) 379-3389 After June 24 - Camp Office (860) 379-3877

Litchfield Hills Triathlon

Saturday, July 13, 2019



For more info or to register:
www.coachmarkwilson.com



**20% Discount for
New Hartford Residents!**

Use code 20NHCT when registering.



PRESS RELEASE

The **Litchfield Hills Triathlon** is alive and well!

After having been produced the last several years by the *Hartford Marathon Foundation*, a decision was made to discontinue this popular and fun event held at Brodie Park in New Hartford. Thankfully, many of the participants did not want to see their favorite race come to an end and via the connections made thru Facebook, a past participant of the race and now race producer determined he wouldn't let that happen. Mark Wilson, and his wife, Tonia, own and operate Wilson Endurance Sports, LLC and currently produce 28 events across New York State. Phone connections were made, and the couple drove from their home in Western New York to meet with Daniel Jerram, First Selectman of New Hartford, to discuss the particulars as well as walk portions of the race course, and here we go!

The race will stay mainly as it has been in the past with the exception of being held on Saturday, July 13th as opposed to the Sunday time slot. Registration is already open and can be found on the Races and Events page of www.CoachMarkWilson.com as well as on Facebook.

The Wilson's are offering a **20% discount** to New Hartford residents when using the code **20NHCT** at registration thru their site.

As summer approaches we will be searching for interested parties to assist on race day with registration, transition, bike course and run course. A volunteer party will be held on Friday evening, July 12th with more details to come.

This Olympic Triathlon consists of a 1500m swim, 24.8 mile bike and a 10K run. There is also an AquaBike competition where participants complete the swim and the bike but exclude the run. A Duathlon will take place at the same time consisting of a 5K run, 40K bike, ending with a 10K run. The Triathlon and the Duathlon are open to relay teams, making this a super way to have fun with family, friends or co-workers while being introduced to the joy and fitness that participating in multi-sport brings.

Please contact Coach Mark Wilson via his website for questions regarding this event.



The Highlander Basketball Camp

28th Annual Highlander Basketball Camp

will be held at Northwestern Regional 7 in Winsted. The camp is divided into the lower league grades 3-5 and the upper league grades 6-8 for skill development, competitions, and games. The week includes

special guest speakers, contests, full & half court drills, prizes, and 2 league games per day. the camp is open to all boys and girls entering grades 3 through 8 whether they are just beginning or advancing in their personal basketball skills and knowledge.

For more information call:
Brendan T. Fritch, Camp Director
(860) 480 3722

Or visit our website:
www.highlandercamp.webs.com

July 15– July 19
9:00 A.M. to 1:00 P.M.

LOCATION:

Northwestern Regional 7

FOR:

All boys and girls
entering grades 3 through 8

Cost: \$150.00 or
\$125.00*

***For enrollment by June 10, 2019**

On The Waterfront

Use of the waterfront area at Brodie from Memorial Day through Labor Day requires a beach pass sticker. The waterfront area includes the beach and all boat storage areas. Walk-ins must provide pass number for verification. Passes may be purchased at Town Hall during regular business hours pre-season, and directly at the beach thereafter. Lifeguards staff the beach on weekends starting Memorial Day weekend, and daily beginning the day the New Hartford Public Schools are released for summer break. Beach Passes must be adhered to vehicle windshield, on the lower right (passenger) side.

Beach Pass Fees

Resident.....	\$85
Resident 2nd Car.....	\$55
Resident Senior (60+)	\$30
Non-Resident	\$335
Non-Resident 2nd Car	\$335
Non-Resident Senior (60+) ...	\$335

Guest Policy

The beach pass sticker issued is for the use of the identified applicant/household. Guests may accompany a passholder for a small fee.

Ages 12+: \$5

Under 12: \$2



Absolutely

NO ALCOHOL

is allowed in the waterfront area, including the beach, picnic area and parking lot.



Boat Storage

Storage space and moorings for watercraft are available for seasonal rental on a first-come, first-served basis beginning April 1 for residents, April 15 for non-residents.

Racks \$110

1-Canoe/2-Kayak Rack Rental

Moorings

\$525 Large Boat

\$270 Small Boat

Please call (860) 379-3389, to find out how to reserve a spot and for more information.

Watercraft or other items left at the park in undesignated areas or without a proper rental agreement, will be confiscated and disposed of at the discretion of the town.

Access to the waterfront is limited to park operating hours. **Gates are locked when the beach is closed - plan accordingly so your vehicle is not locked in.** Vehicle access to the waterfront may be restricted by a locked gate when park staff is not on duty, inclement weather days, or evenings after the beach closes.

WATERFRONT IS INACCESSIBLE AFTER DUSK.

Brodie Park Waterfront Rules and Policies

- ◇ Rules are maintained and enforced at the discretion of the lifeguarding staff and at the direction of the Town of New Hartford.
- ◇ Use of waterfront requires the purchase of a pass—this is a use pass, NOT a parking pass. Walk-ins must show the number of the pass attached to their vehicle, wherever it is parked.
- ◇ Residents, property owners and business owners located in New Hartford are eligible for resident pass pricing. These passes are not transferable and will require proof of residency or ownership.
- ◇ Applications for a beach pass require valid vehicle registration. The pass must be attached to the vehicle of the corresponding vehicle.
- ◇ Beach pass is for use by the family members in the household of the patron purchasing the pass. Guests are permitted for a nominal guest fee. The guest must be at all times near a beach pass holder.
- ◇ Normal beach hours are 10 am–8 pm or dusk (whichever is earlier). Gates will be locked when beach closes.
- ◇ Groups of 10 or more must register in advance with the waterfront director or the Recreation Office.
- ◇ Children 15 years and under must be accompanied by an adult.
- ◇ Swimming is not allowed without a lifeguard on duty.
- ◇ All children in lifejackets must remain where they can touch and be accompanied by a parent at arm's length.
- ◇ Parents/guardians are responsible for the safe play of their children.
- ◇ The number of people on or at the floating raft is limited to 10.
- ◇ Swimming is NOT allowed under the raft.
- ◇ Front dives and jumping only are allowed off the floating raft—no back dives.
- ◇ Swimming is permitted in designated area only.
- ◇ Swimming in the boat dock area (concrete pier) or out of the roped area is not allowed.
- ◇ No hanging or pulling on the buoys or buoy lines.
- ◇ No blocking the area in front of the lifeguard stand.
- ◇ Swimming aids and flotation devices allowed only if certified for safety (i.e. Coast Guard approved, etc.) and only in areas designated by the waterfront staff. No kickboards or noodles. Please check with Waterfront Director for further information.
- ◇ Snorkeling is not allowed. Scuba diving is permitted with proof of current certification only. Please consult with waterfront director prior to diving.
- ◇ Please be respectful of other beach users (i.e. radio use, no sand or rock kicking or throwing, no rough play, no vulgar language, etc.)
- ◇ Dogs are NOT allowed on beach.
- ◇ No bathing, soap, or shampoo allowed.
- ◇ No nudity allowed.
- ◇ No alcohol is allowed in the waterfront area.
- ◇ Glass bottles or containers are NOT allowed on the beach.
- ◇ Fishing is only allowed outside of the swimming area.
- ◇ Grills are provided for use. Please do not bring in your own charcoal grill.
- ◇ The waterfront may be closed during inclement weather.
- ◇ Violations of rules can/will result in sticker revocation.
- ◇ Patrons are expected to adhere to the safety instructions of the lifeguard on duty, including but not limited to evacuating the water or waterfront area during times of inclement weather.
- ◇ The Town of New Hartford is not responsible for any injuries, theft or damage to personal property or vehicles while at Brodie Park.
- ◇ Any questions or concerns should be directed to the waterfront director on duty or call the Recreation Office / Town Hall at (860) 379-3389.

SWIM LESSON REGISTRATION FORM

Weekday session: Monday–Wednesday 3 days a week for 2 weeks
See pages 22 & 23 for information on levels.

To register online:

Register and pay online - it's quick and easy!

Go to: <https://newhartfordrec.recdesk.com/>

To register by mail or in person:

- Complete this selection form
- Complete the registration form that can be found on page 24
- Make check payable to New Hartford Rec.
- Mail to: New Hartford Recreation
P.O. Box 316, New Hartford, CT 06057
- Drop off: New Hartford Town Hall
530 Main St., New Hartford
- Questions? Call (860) 379-3389



Dates	Level / Time (Circle One)	Resident	Non-Resident	Total
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SWIM LESSONS PRESCHOOL

Session 1	7/8 - 7/17	10:00 Level 1 / 10:30 Level 2 / 11:00 Level 3	\$50	\$50	
		3:30 Level 1 / 4:00 Level 2 / 4:30 Level 3			
Session 2	7/22 - 7/31	10:00 Level 1 / 10:30 Level 2 / 11:00 Level 3	\$50	\$50	
		3:30 Level 1 / 4:00 Level 2 / 4:30 Level 3			

SWIM LESSONS AGES 6+

Session 1	7/8 - 7/17	12:00 Level 1 / 12:30 Level 2 / 1:00 Level 3	\$50	\$50	
		1:30 Level 4 / 2:00 Level 5 / 2:30 Level 6	\$50	\$50	
		5:30 Level 1 / 6:00 Level 2 / 6:30 Level 3	\$50	\$50	
		7:00 Level 4	\$50	\$50	
Session 2	7/22 - 7/31	12:00 Level 1 / 12:30 Level 2 / 1:00 Level 3	\$50	\$50	
		1:30 Level 4 / 2:00 Level 5 / 2:30 Level 6	\$50	\$50	
		5:30 Level 1 / 6:00 Level 2 / 6:30 Level 3	\$50	\$50	
		7:00 Level 4	\$50	\$50	

Brodie Park Swim Lessons

All lessons are provided by instructors who have been Swim Instructor trained in proper technique. They have been tested on necessary skills to provide appropriate instruction to young children. Lessons are 30 minutes long. When registering, indicate session and time. Beach stickers are required for participation.

\$50 per session

Beach stickers are required for participation.

Session 1: July 8 – July 17

Session 2: July 22– July 31

Preschool Aquatics—Ages 4 & 5

Monday–Wednesday, 3 days a week for 2 weeks

Mornings:

10:00 Level 1 Preschool (4–5)

10:30 Level 2 Preschool (4–5)

11:00 Level 3 Preschool (4–5)

Afternoons:

12:00 Level 1 Learn-to-Swim (6+)

12:30 Level 2 Learn-to-Swim (6+)

1:00 Level 3 Learn-to-Swim (6+)

1:30 Level 4 Learn-to-Swim (6+)

2:00 Level 5 Learn-to-Swim (6+)

2:30 Level 6 Learn-to-Swim (6+)

Evenings:

3:30 Level 1 Preschool (4–5)

4:00 Level 2 Preschool (4–5)

4:30 Level 3 Preschool (4–5)

5:30 Level 1 Learn-to-Swim (6+)

6:00 Level 2 Learn-to-Swim (6+)

6:30 Level 3 Learn-to-Swim (6+)

7:00 Level 4 Learn-to-Swim (6+)

Parent MUST remain present during class. This course gives young children a positive, developmentally appropriate aquatic learning experience that emphasizes water safety, survival and foundational swimming concepts. Skills are age-appropriate, helping participants achieve success on a regular basis.

Level 1: Helps participants feel comfortable in the water and enjoy the water safely. Skills learned:

- * Entering and exiting water safely
- * Blowing bubbles through mouth and nose
- * Submerging mouth, nose and eyes
- * Open eyes under water and retrieve submerged objects
- * Front glide and recover to a vertical position
- * Back float and recover to a vertical position
- * Back glide
- * Roll from front to back and back to front
- * Treading with arm and hand actions
- * Alternating and simultaneous leg actions on front and back
- * Alternating and simultaneous arm actions on front and back
- * Combined arm and leg actions on front and back
- * Staying safe around aquatic environments
- * Recognizing the lifeguards
- * Recognizing an emergency
- * How to call for help
- * Too much sun is no fun

Level 2: Builds on the skills learned in level 1 and gives participants success with fundamental skills, such as floating and basic locomotion. Additional Skills Learned:

- * Bobbing
- * Tread water using arm and leg actions
- * Finning arm action on back

Level 3: Build upon Level 2, improve participants' coordination of simultaneous arm/leg actions and alternating the arm/leg actions. Additional Skills Learned:

- * Enter water by jumping in
- * Fully submerge and hold breath
- * Front, jellyfish and tuck floats
- * Change direction of travel while swimming
- * Look before you leap
- * Think so you don't sink
- * Reach or throw, don't go

See following pages for descriptions of lesson levels.

Register online by July 1 at

town.new-hartford.ct.us/recreation-department

After July 1, please speak with the waterfront staff directly, or contact the Recreation Office at
(860) 379-3389 or
email ctellier@town.new-hartford.ct.us

Learn to Swim Aquatics Program—Ages 6+

Based on a logical, six-level progression that helps swimmers 6+ years old develop their water safety, survival and swimming skills. It is designed to give participants a positive learning experience.



Level 1: Introduction to Water Skills

Helps participants feel comfortable in the water. Skills learned:

- * Enter and exit water using ladder, steps or side
- * Blow bubbles through mouth and nose
- * Bobbing
- * Open eyes under water and retrieve submerged objects
- * Front and back glides and back float
- * Recover to vertical position from a front glide and back float or glide
- * Roll from front to back and back to front
- * Tread water using arm and hand actions
- * Alternating and simultaneous leg actions on front and back
- * Alternating and simultaneous arm actions on front and back
- * Combined arm and leg actions on front and back
- * Staying safe around aquatic environments
- * Recognizing the lifeguards
- * Don't just pack it, wear your jacket
- * Recognizing an emergency
- * How to call for help
- * Too much sun is no fun

Level 2: Fundamental Aquatic Skills

Gives participants success with fundamental skills. Additional skills learned from Level 1:

- * Enter water by stepping or jumping from the side
- * Fully submerge and hold breath
- * Front, jellyfish and tuck floats
- * Change direction of travel while swimming on front or back
- * Tread water using arm and leg actions
- * Finning arm action on back
- * Look before you leap
- * Think so you don't sink
- * Reach or throw, don't go

Level 3: Stroke Development

Builds on the skills in Level 2 through additional guided practice in deeper waters. Additional skills learned from Level 2:

- * Headfirst entry from the side in sitting and kneeling positions
- * Bobbing while moving toward safety
- * Rotary breathing
- * Survival float
- * Back float
- * Change from vertical to horizontal position on front and back
- * Push off in a streamlined position then begin flutter and dolphin kicks on front
- * Front crawl and elementary backstroke
- * Scissors kick
- * Think twice before going near cold water or ice

Level 4: Stroke Improvement

Develops confidence in the skills learned and improves other aquatic skills. Additional skills learned from Level 3:

- * Headfirst entry from the side in compact and stride positions
- * Swim under water
- * Feet-first surface dive
- * Survival swimming
- * Front crawl and backstroke open turns
- * Tread water using two different kicks
- * Front/back crawl, elementary backstroke, breaststroke, sidestroke & butterfly
- * Recreational water illnesses

Level 5: Stroke Refinement

Provides further coordination and refinement of strokes. Additional skills learned from Level 5:

- * Shallow-angle dive from the side
- * Shallow-angle dive from the side then glide and begin a front stroke
- * Tuck and pike surface dives
- * Front flip turn and backstroke flip turn while swimming
- * Standard scull
- * How to call for help and the importance of knowing first aid and CPR
- * Wave, tide or ride, follow the guide

Level 6: Swimming and Skill

Works on proficiency. Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that focus on preparing participants for lifetime fitness and safety. It also prepares the student for more advanced courses, including competitive swimming or diving.



2019 Non-Camp Program Registration Form

Save the postage!! Online Registration is quick and easy!

Create an account or login at <https://newhartfordrec.recdesk.com/> register and pay online!

The following form must be filled out prior to participation in any Recreation sponsored program if you have not registered online. All payments must be included with registration form. Please call the Recreation Office if other financial arrangements need to be made.

Name: _____ Age: _____

If under 18, name of parent/guardian: _____

Street Address: _____

City/State/Zip: _____

Cell: _____ Home: _____ Work: _____

Email: _____

Emergency Contact

Name: _____ Relationship: _____

Cell: _____ Home: _____ Work: _____

Indicate Class information or attach selection form:

Class	Date/Time of Class	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I understand that injuries are a possibility as a result of participation in these activities. I hereby authorize the attending Emergency Department physician to treat myself or my child if I am unable to provide authorization. I understand that my own medical insurance will be used in the event of injury. I agree to hold harmless the Town of New Hartford, the Parks & Recreation Department, its officers, sponsors, agents, employees, and anyone else associated with the program, from any loss, blame, expenses, injuries, property damage, and liability whatsoever which may arise from participation in this program.

☐ I will allow photos taken by Recreation staff to be used for publication. ☐ I will not allow photos to be used for publication.

Date: _____ Signature: _____ Print Name: _____

FORMS MAY BE MAILED OR DROPPED OFF TO:

New Hartford Recreation, PO Box 316, 530 Main St. , New Hartford, CT 06057, (860) 379-3389

2019 David Childs Memorial Fishing Derby

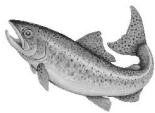
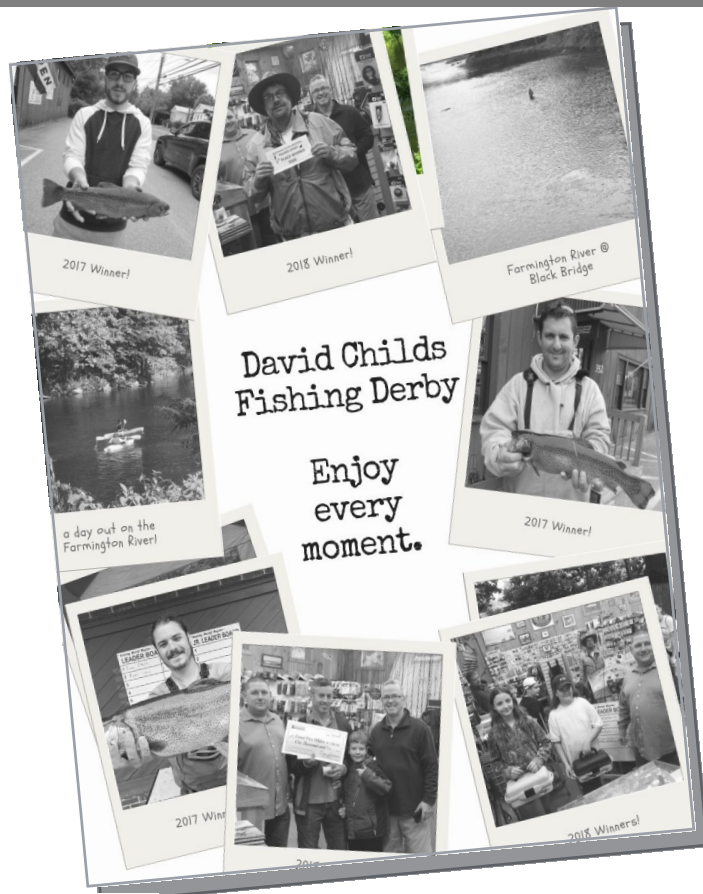
The 12th annual David Childs Memorial Fishing Derby will be held again this year on Memorial Day Weekend. The derby starts at 7am on Saturday, May 25, 2019 and will end at 3pm on Sunday, May 26, 2019. Fishing takes place on the Farmington River and catches must occur between the Rt. 219 Bridge and the Satan's Kingdom Bridge. 10 tagged fish will be stocked in the river. Each angler who catches one of these tagged fish during the derby will be awarded \$100 prize and be entered into a grand prize drawing with a chance to win \$1000! Additional cash and merchandise prizes will also be awarded for the largest trout caught. You can register in person at Upcountry Sportfishing, 352 Main St. (Rt. 44), Pine Meadow, CT, or online www.town.new-hartford.ct.us/recreation-department and mail payment in. An awards ceremony will be held at 3:30pm on Sunday, May 26, 2019 at 3:30 pm at Upcountry Sportfishing. Entry fee is \$10 for adults, \$3 for children 12 and under, and there is a \$15 max per family. For questions or more info, you can call Upcountry at 860-379-1952.

Thank you!

Ellen Childs Grady Allen UpCountry Sportfishing

The Farmington River Anglers Association

For your continued support of this event!



GRAND PRIZE - \$1000

Largest Trout Prizes

Adult Youth

1st Place	\$500	Ugly Stik Rod & Reel
2nd Place	\$250	Dawa Rod & Reel
3rd Place	\$150	Daiwa Rod & Reel
4th Place	\$100	Tackle box & pack

Memorial Day Weekend

Starts 7am Saturday, May 25, 2019

Ends 3pm Sunday, May 26, 2019

Frequently Requested Contact Information

Baseball, Tee Ball, Babe Ruth, Softball

nhys.org
Dale Martin
(781) 820-1223
dmart242@gmail.com

Football & Cheer

Mike Maloney
617-291-9200
fahu23@gmail.com

Berkshire Hall Rentals

860-379-3389

Basketball

Recreation Basketball
mandelljccvalley.org
Valley Sports
860-693-2378

Travel Basketball

tshq.bluesombrero.com/
nhyouthbasketball
Chris DiVita
nhybasketballct@gmail.com
(860) 480-6670

Fax - Town Hall / Recreation

860-379-0940

Soccer

Recreation Soccer
leagues.bluesombrero.com/nhys

Travel Soccer

highlandersoccerclub.org
Cari Boucher
cari.boucher.14@gmail.com

Senior Activities

Diane Barrett
860-379-3980
nhseniors@town.new-hartford.ct.us



Wellness in the Park
Mental Health Awareness Fair

WELLNESS IN THE PARK

MENTAL HEALTH
AWARENESS FAIR

MONDAY, MAY 13TH

05:30-8:00 PM

Coe Park

Torrington, CT 06790

FREE COMMUNITY EVENT

This initiative seeks to fill a current void in the Northwest Connecticut area for those individuals working with a number of mental health concerns that are not necessarily covered by current resources.

Not only will this fair seek to help members of the community find new avenues for help and guidance, but to cultivate a general, cultural atmosphere of education for all residents in the area.



Vendors, Food Trucks, Yoga and Zumba demonstrations, Art Therapy, Presenters about mental health, DJ and music, and **Speak Out**

Funds Raised will go to: McCall Center for Behavioral Health: **Veteran's Services**

Thank you to our Champion sponsors: Torrington Savings Bank, CT Mutual Holding Co., Northwestern CT Community College, and Thomaston Savings Bank

Organized and presented by members of the Northwest CT Chamber of Commerce Leadership Program



Fundraising for the Park

Join Us For

Neighborhood Food Crawl April 11, 2019

Race Around the Lake May 26, 2019

Big Wheels Sept 7, 2019

New Hartford Day Sept 15, 2019

BrodiePark, Inc.

P O Box 5

New Hartford CT 06057

www.brodiepark.org

Email: atbrodiepark@gmail.com

New Hartford Lions GIANT FLEA MARKET

Saturday – June 1, 2019

8 AM to 3 PM

Brodie Park

580 West Hill Rd, New Hartford CT

Adult Admission - \$2

Early Buying 6:30-8:00 AM - \$6

Food - Free Parking - No Pets

Rain or Shine

Vendor Spaces available

call **860-489-9188**

info@newhartfordclions.org

Proceeds benefit local charities & scholarships

Save the date:

Fall Flea Market is September 28, 2019

FREE ADMISSION
BALLOONS, PRIZES
& GAMES FOR
CHILDREN

SATURDAY, APRIL 13
1:30PM - 3:00PM

39TH ANNUAL

**BUNNY
DAY**



NEW HARTFORD
ELEMENTARY SCHOOL
40 WICKETT STREET
NEW HARTFORD

SCHEDULE OF EVENTS

	Egg Hunts	Games
1:30pm	3 – 5 years	6 years+
1:50pm	6 years+	3 – 5 years
2:00pm	Special Egg Hunt for 2 year olds	
2:10pm	3 – 5 years	6 years+
2:30pm	6 years+	3 – 5 years
2:50pm	Final Egg Hunt for ALL AGES!!	

Wild & Scenic Farmington River 25th Anniversary Celebration

Concert Series

Sunday afternoons in New Hartford
at the DOWNTOWN PAVILION

May 26, June 30,

July 28, August 25

More details at www.farmingtonriver.org



Brought to you by:

Farmington River Coordinating Committee

who's mission is to promote long-term protection of
the Upper Farmington River

25 years ago, in 1994, the 14-mile segment of the West Branch Farmington River received its Federal Wild & Scenic designation! Join the celebration at the New Hartford Pavilion. Bring a lawn chair or picnic blanket, and enjoy the beauty of the Farmington River while listening to the Farmington River Coordinating Committee's (FRCC) Concert Series.



Town of New Hartford
Recreation Department
530 Main Street • P.O. Box 316
New Hartford, CT 06057

POSTAL PATRON

Visit our new website!



www.newhartfordct.gov

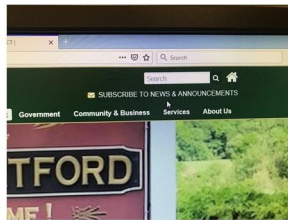
Subscribe to receive emails about town updates and information!

1. Go to: www.newhartfordct.gov

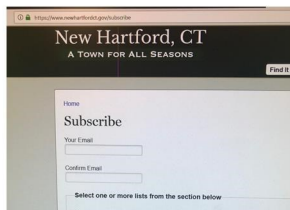
2. Click link on top right:



Subscribe to News & Announcements



3. Fill in your email and check appropriate boxes



When subscribed, the message comes from cmsmailer@civicplus.com

Please be sure to add this to your accepted email address so it doesn't go to Spam!

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2019 Brodie Park Summer Concert Series

Join us in front of Berkshire Hall for a relaxing evening of live musical entertainment. Bring a picnic, blanket, lawn chairs. Visit with friends & neighbors. Don't miss this great experience!

Concerts begin at 6:30 and are FREE!

June 26	Jeff Blaney Trio	Rock, Americana w/ a country
July 3	The Tradesmen	Classic rock, blues, country
July 10	Fun Factor	Classic rock & oldies
July 17	DenMar Jamz	Classic rock & oldies
July 24	Kenn Morr	Original acoustic, folk, rock & Americana
July 31	Music Gallery	50's, 60's, 70's and country classics
August 7	Bootleg Band	Country & rock classics, nu-country
August 14	West Hill Groove	B-Sides and blues
August 21	Simply Swing	Ten piece brass ensemble