

Wellness Committee Meeting Minutes
Virtual Meeting/3:30 pm
4/27/2021

Meeting Minutes

Present: Barbara McLean, Marie Kitch , Amanda Shaw, Deb Marciano, Jennifer Harris, Kelly Carroll, Brian Murphy Matt Eames, Penny Miller, Christine Holland, Mary Stempien, Tricia Brett
Public: Kristen Kosiba

Update from Nurses:

- Vision Screening with Lion's Club screened 386 students; Antolini 7 opt out, 10 failed; BAK no opt out, 7 fail; NHES 3 opt out, 11 failure. This is mandated by the State. If a child fails the test, a letter is sent home.
- Scoliosis screening coming up. Hearing testing at NHES and BAK in progress.
- Less absenteeism; more healthy students!

COVID-19 Update:

- Strong mitigation efforts - hygiene, cleaning, distancing
- 97% attendance in person; 95% distance learning attendance
- Face covering requirement remains in place for schools

Wellness Triennial:

- Federal and State requirement; every 3 years
- Purpose is analysis of written policies and implementation of practice; Written policy score very high 97; interviewing various district stakeholders in progress

SEL Update:

- RULER roll out with students began in February; Mood Meter in all classrooms; positive response from students/staff; integration as a daily routine is going well
- Classroom lessons increases nuanced emotional vocabulary
- Jen Harris attending virtual RULER conference

P.E./Health Update:

- Grades 4/5-drug unit completed; Human Growth and Development in progress in 5th grade.
- June - Grade 3 will focus on Heart or Friendships
- Fitness Testing on hold per the State until end of the year

Roundtable

- Superintendent Murphy Thanks the district team for continued efforts this year
- Mary Stempien thanks the district for their efforts